



FAQ

This multiple myeloma FAQ page answers some of the most commonly asked questions about this illness. Learn more about multiple myeloma, what causes it, and what you can do if you or a loved one is diagnosed with the disease.

Frequently Asked Questions About Multiple Myeloma

WHAT IS MULTIPLE MYELOMA?

General Information About Multiple Myeloma

Know more about the basics of multiple myeloma for a better understanding of your condition.

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making antibodies that help the body fight against bacteria and viruses. A malignant or cancerous plasma cell is called a myeloma cell. Myeloma is described as “multiple” because it frequently grows in several areas of the bone marrow.

While multiple myeloma is currently incurable, it is treatable. With advances in therapies, many patients can achieve remission and manage their disease for extended periods. (/node/12890/) Early diagnosis and treatment by a myeloma specialist are recommended for the best outcomes.

How does multiple myeloma impact the body?

What are the signs and symptoms of multiple myeloma?



What causes multiple myeloma?

What determines a multiple myeloma prognosis?

What are the types of multiple myeloma?

What are the stages of multiple myeloma?

How is multiple myeloma staged?

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These multiple myeloma questions identify the likelihood of the condition among certain individuals.

Who is at risk of developing multiple myeloma?

How prevalent is multiple myeloma?

What tests will I need for myeloma diagnosis and monitoring?



WHAT SHOULD I EXPECT IF I HAVE MULTIPLE MYELOMA?

Testing, Diagnosis, Medical Issues, and (/node/998/) Other Information for the Newly Diagnosed (/node/998/)

The following multiple myeloma questions and answers focus on providing helpful information for newly diagnosed individuals.

How is multiple myeloma diagnosed?

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What are some medical problems that may be related to multiple myeloma?

Is multiple myeloma curable?

How long can I live with multiple myeloma?

What should I ask my doctor immediately after a myeloma diagnosis?



Can I work and maintain a normal lifestyle while undergoing myeloma treatment?

What are my treatment options and how are they administered?

What happens if my myeloma becomes resistant to my current treatment?

How do I know if my treatment is working?

What treatment decisions should I consider when

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WHAT TO AVOID IF YOU HAVE MULTIPLE MYELOMA

Additional questions to ask about multiple myeloma include possible dietary and lifestyle changes, which we answer below.

What foods should I avoid if I have multiple myeloma?

Should I avoid physical activity if I have multiple myeloma?



WHAT IS THE IMF'S ROLE IN THE FIGHT AGAINST MULTIPLE MYELOMA?

Learn about the IMF's efforts in research, education, support, and advocacy for people living with multiple myeloma.

What is the IMF doing to help prevent and cure multiple myeloma?

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Can the IMF InfoLine help with referrals to myeloma specialists and treatment centers/facilities?

How does the IMF utilize corporate support or funds?

Does the IMF provide financial assistance to patients and their families?

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Join Our Cause

The IMF does valuable work in providing comprehensive support to patients with multiple myeloma. You can help join our fight against this disease by [making a donation \(/node/987\)](#) or [being an advocate \(/node/1003\)](#). Contact our team for more information.



The International Myeloma Foundation medical and editorial content team

Comprised of leading medical researchers, hematologists, oncologists, oncology-certified nurses, medical editors, and medical journalists, our team has extensive knowledge of the multiple myeloma treatment and care landscape.

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